

Farm Fit Living®



Your Guide to
Rural Life,
Health & Happiness



About Mindy Young

Believer. Teacher.
Mommy to Girls &
Goats. Lover of the
land. Farm Fresh
Foodie. Wellness
Coach. Welcome to
my Rural Life!

Blog Stats

Monthly Acquisition Increase: 161%
Monthly Unique Visitors: 300+
New Visitors Increase: 120%

Social Stats

Facebook: 1,065
Twitter: 1,000
Pinterest: 750
YouTube: 43
LinkedIn: 120

Blog Categories

Rural Lifestyle
Farm & Garden
Fresh Country Eats
Wellness
Agricultural Education

Partnership Opportunities

Writing: Guest posting & Content Development

Speaking Engagement: Event Speaking on Related Topic

Brand Ambassador: Partner to promote a brand or organization's message or products via both blog or social media

Sponsored post, product review or giveaway: Complete post or video highlighting topic of choice or full topic review.

Social Media Mention & Promotion: Picture and/or text related to product or event posted to social media. Tags Brand.

Let's Chat More. Here's My Contact Email:

mindymatt@myoungfarms.com

Thanks for your interest.